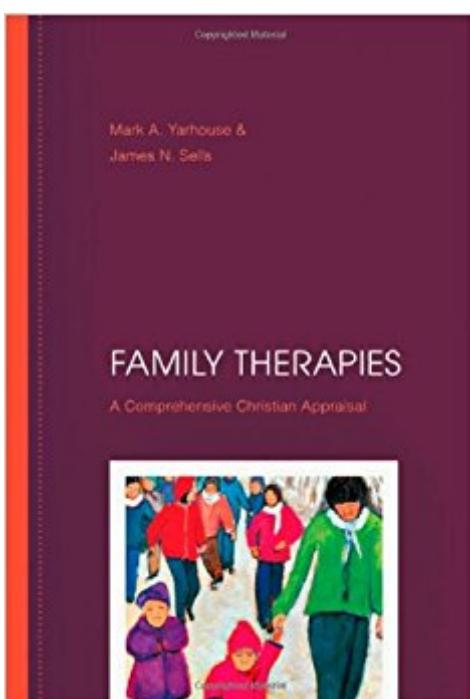


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# Family Therapies: A Comprehensive Christian Appraisal



## **Synopsis**

Christian therapists doing family therapy have never had a resource to help them navigate the various family therapy theories from a Christian perspective--until now. In this book Mark A. Yarhouse and James N. Sells survey the major approaches to family therapy and treat, within a Christian framework, significant psychotherapeutic issues. The wide array of issues covered includes crisis and trauma, marital conflict, separation, divorce and blended families, individual psychopathology, substance abuse and addictions, gender, culture, economic class and race, sexual identity. Calling for an integrated approach of "responsible eclecticism," they conclude with a vision for Christian family therapy. A landmark work providing critical Christian engagement with existing models of family therapy, this volume was written for those studying counseling, social work, psychology or family therapy. Family Therapies will also serve as an indispensable resource for those in the mental health professions, including counselors, psychologists, family therapists, social workers and pastors.

## **Book Information**

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## **Customer Reviews**

"Yarhouse and Sells have created a masterpiece work analyzing approaches to family therapies. This is going to be a new classic, matching the accomplishment of Jones and Butman's analysis of psychotherapies in their book, *Modern Psychotherapies*." (Everett L. Worthington Jr., professor of psychology, Virginia Commonwealth University) "Mark Yarhouse and James Sells have written a very helpful book that is comprehensive, biblically based and well-written. I highly recommend it as

an excellent text for those interested in a Christian approach to family therapy." (Siang-Yang Tan, Ph.D., professor of psychology, Fuller Theological Seminary, and senior pastor, First Evangelical Church of Glendale, California)"In Family Therapies, Yarhouse and Sells provide an important resource for Christian scholars and therapists. The first two sections provide a thoughtful foundation and Christian critique of existing therapy models, reminiscent of what Stanton L. Jones and Richard E. Butman accomplished in their classic book, *Modern Psychotherapies*, but with a focus on models of family therapy. The third section, which could have been a book on its own, looks at contemporary issues in relation to a Christian perspective on family therapy. The final section casts a vision for an integrative model of family therapy. This is a significant book that will help shape the training and practice of Christian therapists." (Mark R. McMinn, Ph.D., ABPP, professor of psychology, George Fox University, and coauthor of *Integrative Psychotherapy*)"Yarhouse and Sells have written a practical, concise, invaluable, one- of-a-kind resource that integrates biblical, theological, psychological, theoretical, clinical and practical resources in ways that help the reader look at the family and family therapy through different lenses and better understand the individual in the context of their broader family system. This book will be read and reread by a broad audience." (Gary J. Oliver, Th.M., Ph.D., professor of psychology and practical theology, John Brown University)

Mark Yarhouse (PsyD, Wheaton College) is the Hughes Endowed Chair and professor of psychology at Regent University where he directs the Institute for the Study of Sexual Identity and is a core faculty member in the doctoral program in clinical psychology. A licensed clinical psychologist, he practices privately in the Virginia Beach area, providing individual, couples, family and group counseling. Yarhouse has published over eighty peer-reviewed journal articles and book chapters and is author or coauthor of several books, including *Understanding Gender Dysphoria*, *Modern Psychopathologies*, *Understanding Sexual Identity*, *Sexuality and Sex Therapy*, and *Homosexuality and the Christian*. He serves on the editorial board of the *Journal of Psychology and Theology* and *Christian Counseling Today*, and has served as an ad hoc reviewer with *Journal of Homosexuality*.James N. Sells (PhD, University of Southern California) is professor of counseling and director of the PhD program in counselor education and supervision at Regent University in Virginia Beach, Virginia, where he has taught since 2005. He has served on the faculties of Northern Illinois University and West Texas A&M University, and he is also a licensed psychologist. He is the coauthor of *Counseling Couples in Conflict and Family Therapies*. Sell's research, private practice, and teaching seminars have focused on marital conflict, reconciliation, and

forgiveness. Additionally, he has published work in clinical supervision, individual and group psychotherapy, and international applications of the counseling profession. His research has been published in the Journal of Counseling Psychology, Journal of Counseling and Development, Journal of Marital and Family Therapy, The Family Journal, Journal of Family Therapy, and Journal of College Student Development.

Do NOT buy the kindle edition. This is not a review of the book, this is a review of the kindle edition. It is not easy to follow, the pages do not match up with the text, and it can be very difficult to stay with the class if your professor is using the print version. Buy/rent the print version and save yourself the headache.

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Excellent!!!

Good Book

I really enjoyed this book, the descriptions, the comparisons the examples explanations and the critical points to consider in using any of the therapies listed. Thanks for a great and well considered work.

Purchased by a conservative Bible college as a library resource upon request of the Biblical Counseling Dept Chair.

Great book!

Very helpful for a course I took on Family Counseling

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